












# GRAND TIGER MARTIAL ARTS, LLC

21000 Ashburn Crossing Dr. #125 Ashburn, VA 20147 / Office: 571-399-4011  
[grandtiger4011@gmail.com](mailto:grandtiger4011@gmail.com) / facebook: GrandTiger MartialArts / Instagram:gtmaashburn

## All Day **Distance Learning Support** Program 2020-2021 school year

Distance Learning Support Session	
7:00am -7:45am	 <p><b>Kiss &amp; Ride Drop off</b>  <b>Preparing for the school day</b>            -Temperature check, wash hands, login.</p>
7:50am -2:35pm	 <p><b>Online school in session.</b></p>
2:35-3:00	<b>Change Into Uniform</b>
After School Enrichment Session	
 <p>3:00-3:45</p>	<p><b>TAEKWONDO I</b>            Group A</p>
 <p>4:00-4:45-</p>	<p><b>Snack &amp; Homework</b>            Group A</p>
	<p><b>Snack &amp; Homework</b>            Group B</p>
	<p><b>TAEKWONDO II</b>            Group B</p>
5:00pm	    
	<b>Extra Activities</b>
6:00pm	<b>Clean Up, Pack Up! Get Ready for the Next Day!</b>

- **Following all CDC regulations**
  - Face mask or face shield /Temperature check 3x daily
  - Frequent hand washing/hand sanitizing/ Frequent and thorough disinfecting of the facility
  - Individual desk& chair
  - COVID questionnaire to be completed by student's family and staff every 2 weeks-
- **Distance Learning Support**
- TAEKWONDO **EVERYDAY**
- **Academic & Indoor Activities**

